

# CLC Menu 1

| Breakfast  | Lunch   | Snack  |
|--|---|--|
| <b>Monday</b><br><br>WG Cereal<br>Bananas<br>Milk                          | Sloppy Joe on Bun<br>Cooked Carrots and Peas<br>Tropical Fruit<br>Milk                          | Rice Cake<br>Fruit Salad<br>Water                      |
| <b>Tuesday</b><br><br>WG Pancakes<br>Mixed Berries<br>Milk                 | Chicken Salad on<br>WG Tortilla Shell<br>Cucumbers<br>Orange Slices<br>Milk                     | Cheesy Ranch Chex mix<br>Apples<br>Water               |
| <b>Wednesday</b><br><br>Yogurt<br>Blueberries<br>Granola<br>Milk           | Meatballs with Gravy<br>Mash Potatoes<br>Corn<br>Pears<br>Milk                                  | Cucumbers/Raw Carrots &<br>Dip<br>WG Crackers<br>Water |
| <b>Thursday</b><br><br>WG Bagel with<br>Cream Cheese<br>Applesauce<br>Milk | Mac N Cheese<br>Cooked Broccoli<br>Peaches<br>Milk  | Apple Bars<br>Milk                                     |
| <b>Friday</b><br><br>Muffin<br>Mangoes<br>Milk                             | Pepperoni & Mozzarella<br>Cheese Slices on WG Bread<br>Raw Carrots<br>Fresh Melon Cubes<br>Milk | Fruit Smoothies<br>Cheese Cubes<br>Water               |

**Milk Served:** Children ages 1-2 years of age will be served whole milk, children ages 2 and above will be served 1% milk. Children who are lactose intolerant will be given the option to be served Silk Soy Original.

**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties

## CLC Menu 2

| Breakfast   | Lunch  | Snack   |
|---|--|---|
| <b>Monday</b><br><br>WG Pancakes<br>Banana<br>Milk              | Mini Corn Dogs<br>Pineapple chunks<br>Cooked Carrots<br>Milk   | Ranch Oyster Crackers<br>String Cheese<br>Water |
| <b>Tuesday</b><br><br>Blueberry Muffin<br>Diced Peaches<br>Milk | WG Chicken Patty<br>with Bun<br>Green Beans<br>Tropical Fruit<br>Milk  | Pumpkin Bars<br>Milk                            |
| <b>Wednesday</b><br><br>Oatmeal<br>Applesauce<br>Milk           | Pepperoni & Cheese<br>Pizza<br>Cooked Peas<br>Banana<br>Milk   | WG Crackers<br>Hummus<br>Carrots<br>Water       |
| <b>Thursday</b><br><br>WG Waffles<br>Pears<br>Milk              | Beef & Cheese Tacos<br>On WG Tortilla Shell<br>Spanish Rice<br>Lettuce, Tomatoes, Olives<br>Cantaloupe Cubes<br>Milk | WG Trail mix<br>Orange Slices<br>Water          |
| <b>Friday</b><br><br>French Toast Sticks<br>Blueberries<br>Milk | Ham & Cheese Slices on<br>WG Wheat Bread<br>Honeydew Cubes<br>Raw Carrots &<br>Cucumbers<br>Milk                     | Yogurt Dip<br>Apples<br>WG Crackers<br>Water    |

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**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties

## CLC Menu 3

| Breakfast   | Lunch  | Snack   |
|---|--|---|
| <b>Monday</b><br><br>WG Cereal<br>Bananas<br>Milk                 | Hot Dog on a Bun<br>Baked Beans<br>Mandarin Oranges<br>Milk                          | Cottage Cheese<br>Peaches<br>Water              |
| <b>Tuesday</b><br><br>Cinnamon Bread<br>Strawberries<br>Milk      | Chili with Beans, Meat<br>WG Noodles<br>Cheesy Cornbread<br>Pineapple Chunks<br>Milk | Ranch Oyster Crackers<br>String Cheese<br>Water |
| <b>Wednesday</b><br><br>English Muffins<br>Apple Wedges<br>Milk   | Chicken & Cheese WG<br>Quesadillas<br>Carrots & Cucumbers<br>Fresh Fruit<br>Milk     | Orange Slices<br>Crackers<br>Water              |
| <b>Thursday</b><br><br>WG Pancakes<br>Diced Peaches<br>Milk       | Tomato Soup<br>Grilled Cheese on Bread<br>Fruit Cocktail<br>Milk                     | Biscuits & Jelly<br>Apple Wedges<br>Water       |
| <b>Friday</b><br><br>French Toast Sticks<br>Mixed Berries<br>Milk | Turkey, Ham & Cheese Sub<br>Sandwiches<br>Sliced Cucumbers<br>Grapes<br>Milk         | WG Mini Wheats<br>Milk                          |

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**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties

## CLC Menu 4

| Breakfast   | Lunch  | Snack                                   |
|---|--|---|
| <b>Monday</b><br><br>WG Waffles<br>Apples<br>Milk                           | WG Chicken Nuggets<br>Cooked Green Beans<br>Pears<br>Milk  | Rice Cakes<br>Cheese Slice<br>Water     |
| <b>Tuesday</b><br><br>Cinnamon Bread<br>Oranges<br>Milk                     | Cheesy Rice with Ham and<br>Steamed Broccoli<br>WG Wheat Thins Crackers<br>Tropical Fruit<br>Milk    | Strawberry Shortcake<br>Milk            |
| <b>Wednesday</b><br><br>Biscuits<br>Sausage Patty<br>Banana<br>Milk         | Beef Stroganoff<br>WG Noodles<br>Tropical Fruit<br>Milk  | Chex Mix<br>Milk                        |
| <b>Thursday</b><br><br>WG Bagels with Cream<br>Cheese<br>Applesauce<br>Milk | Hamburger Patty on a Bun<br>Cheese Slice<br>Corn<br>Strawberries<br>Milk                             | Cheese-It Crackers<br>Craisins<br>Water |
| <b>Friday</b><br><br>English Muffins<br>Fresh Fruit<br>Milk                 | Tater Tot Casserole<br>With Ground Beef, Corn, Peas &<br>Cream of Mushroom Soup<br>Pineapple<br>Milk | WG Mini Wheats<br>Milk                  |

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**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties