

# CLC Menu #1

Breakfast	Lunch	Snack
<b>Monday</b>  WG Cereal 100% Fruit Juice Milk	Sloppy Joe on Bun Cooked Carrots & Peas Tropical Fruit Milk	Raw Carrots and Dip Crackers Water
<b>Tuesday</b>  WG Pancakes Applesauce Milk	Chicken Wrap on WG Tortilla Shell Pasta Salad w/ Ham, Cucumbers, Tomatoes Orange Slices Milk	Apple Wedges Wheat Thin Crackers Water
<b>Wednesday</b>  Yogurt Fresh Fruit Milk	Meat Balls with Gravy Mashed Potatoes Corn Pears Milk	Rice Cake w/ Peanut Butter Banana Water
<b>Thursday</b> WG Oatmeal 100% Fruit Juice Milk	WG Mac and Cheese w/ Ham Cooked Peas Tropical Fruit Milk	Muffin Milk
<b>Friday</b>  WG Cereal 100% Fruit Juice Milk	Crockpot Cheeseburger Sliced Cucumbers Fresh Melon Milk	Crackers Cheese Slice Water

**Milk Served:** Children ages 1-2 years of age will be served whole milk, children ages 2 and above will be served 1% milk. Children who are lactose intolerant will be given the option to be served Silk Soy Original Milk

**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties

## CLC Menu #2

Breakfast	Lunch	Snack
<b>Monday</b>  WG Cereal 100% Fruit Juice Milk	Mini Corn Dogs Pineapple Chunks Cooked Carrots Milk	Carrot Sticks w/ Dip WG Crackers Water
<b>Tuesday</b>  Blueberry Muffin Diced Peaches Milk	WG Chicken Patty w/ bun Steamed Broccoli Melon Cubes Milk	Yogurt Fresh Fruit Water
<b>Wednesday</b>  WG Bagel Half w/ Cream Cheese Applesauce Milk	Pepperoni & Cheese Pizza Cooked Peas Banana Milk	WG Trail Mix Milk
<b>Thursday</b>  WG Waffles Pineapple Tidbits Milk	Beef and Cheese Tacos on WG Tortilla Shell Lettuce, Tomatoes, Olives Tropical Fruit Milk	WG Crackers Orange Slices Water
<b>Friday</b>  Breakfast Bites of Pancakes & Sausage 100% Juice Milk	Ham and Cheese Sandwich on wheat bread Honeydew Cubes Raw Broccoli Milk	String Cheese Ritz Crackers Water

**Milk Served:** Children ages 1-2 years of age will be served whole milk, children ages 2 and above will be served 1% milk. Children who are lactose intolerant will be given the option to be served Silk Soy Original Milk

**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties

## CLC Menu #3

Breakfast	Lunch	Snack
<b>Monday</b>  WG Cereal Banana Milk	Hot Dog on a Bun Baked Beans Mandarin Oranges Milk	Ranch Oyster Crackers Apple Wedges Water
<b>Tuesday</b>  Raisin Cinnamon Bread Apple Wedges Milk	Spaghetti w/ Meat Sauce WG Garlic Toast Cooked Green Beans Fruit Cocktail Milk	Cottage Cheese Peaches Water
<b>Wednesday</b>  Egg Salad or Cheese on Croissant 100% Fruit Juice Milk	Chicken & Cheese WG Quesadillas Raw Carrots & Cucumbers Fresh Fruit Milk	WG Mini Wheat Cereal Milk
<b>Thursday</b>  WG Pancakes Diced Peaches Milk	Beef Stroganoff w/ WG Noodles Cooked Sliced Carrots Pineapple Tidbits Milk	WG Pretzel Bites String Cheese Water
<b>Friday</b>  WG French Toast Bites 100% Fruit Juice Milk	Turkey, Ham & Cheese Sub Sandwich Sliced Cucumbers Grapes Milk	Orange Slices Crackers Water

**Milk Served:** Children ages 1-2 years of age will be served whole milk, children ages 2 and above will be served 1% milk. Children who are lactose intolerant will be given the option to be served Silk Soy Original Milk

**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties

## CLC Menu #4

Breakfast	Lunch	Snack
<b>Monday</b>  WG Cereal 100% Fruit Juice Milk	WG Chicken Nuggets Cooked Green Beans Pears Milk	Rice Cake Banana Water
<b>Tuesday</b>  Raisin Cinnamon Bread Apple Wedges Milk	Cheesy Rice w/ Ham and steamed broccoli Wheat Thin Crackers Tropical Fruit Milk	WG Mini Wheat Cereal Milk
<b>Wednesday</b>  WG Waffles Banana Milk	Cheese Tortellini w/ Chicken & Alfredo Sauce and cooked Broccoli Pears Milk	Chex Mix Milk
<b>Thursday</b>  WG Bagel w/ Cream Cheese 100% Fruit Juice Milk	Lasagna w/ Egg Noodles and Spinach, Cheese & Meat sauce Fruit Cocktail Milk	Cheeze-It Crackers Apple Wedges Water
<b>Friday</b>  Croissant w/ Peanut Butter or Cheese 100% Fruit Juice Milk	Turkey & Cheese roll-up on WG Tortilla Sliced Cucumbers Mixed Melon Milk	WG Banana Muffin Milk

**Milk Served:** Children ages 1-2 years of age will be served whole milk, children ages 2 and above will be served 1% milk. Children who are lactose intolerant will be given the option to be served Silk Soy Original Milk

**Whole Grain Cereal Served:** Plain Cheerios, Multi-Grain Cheerios, Kix, Frosted Mini Spooners, Plain Life, Brown Sugar Oatmeal Squares, Cinnamon Oatmeal Squares, Plain Bran Flakes, Wheaties